

Journeys High School – Winter Journey 2009

Overview: *Winter in the Greater Yellowstone Area can be magical. For all of us who have stepped into the backcountry long enough to experience the silence, the pristine beauty, and the hardships of survival – we step back into our comfortable lives moved. We hope to create and support the high school in finding and creating this experience for themselves. The overarching goal of this year’s winter journey is to experience winter in the backcountry and to reflect upon the past semester as individuals, as a high school community and as part of the greater ecological community that surrounds us. **On Tuesday February 10th**, the high school will depart for the family yurt just outside of Driggs, ID. The yurt will serve as “base camp” to support our efforts, to cook, and to gather together. Outside of the yurt we will trek, explore and even sleep.*

Components and Outcomes:

1. *Academics:* Environmental Literature(Primary Focus), Snow Chemistry, Winter Ecology
2. *Outdoor Skills:* Travel, Self Care, Shelters, Community Living and Leadership
3. *Community Building and Reflection:* Mid-year Check in, Personal Reflection, Solo Time and Discussions

Expectations of Students:

Over our winter journey this year we will be exploring the theme of “Living, Learning and Leading” in the winter environment of the western Teton Range. As is standard of all journeys, it is fundamental that you participate to your fullest in order to have a successful experience. We expect you to be safe and use the leadership language we as a student/teacher community have built, including:

Expedition Behavior

Competence

Communication

Judgment and Decision Making,

Tolerance for Adversity & Uncertainty Self-

Awareness

Vision and Action

Honesty and Trust

We will also have a variety of learning experiences that will be assessed:

PROCESS:

- Engaging in all aspects of the Journey which include bringing proper clothing/gear, constructing shelters, prepping food, cooking, cleaning, being timely and participating in other activities
- Actively pursuing learning by using your journal on a daily basis, asking questions, teaching your understanding to others... *Basically geek’n out on all and every lesson!*

PRODUCT: *(All products will be turned in to your advisor.)*

- Constructing a personal organized and thoughtful journal representative of all the activities throughout the journey
- Completing a self-assessment and reflection

CONTENT:

- Communicating your work, and what you have learned from lessons and the experience in your journal and clearly articulating the experience.
- Demonstrating how and what you have learned about **leadership** through your day to day **actions** on the Journey.
- Completing your component of a Journey public display (drawings, writing, pictures, video etc.)

Schedule:

Pre-Journey

Monday (February 9th)

- Camping in the snow lesson #1: Shelters – Use the snow!!!
- Camping in the snow lesson #2: Staying warm... Sleeping, Self Care and Layers
- Personal Gear & Van Load

Journey

Tuesday (February 10th)

- MORNING – Drive, Snowshoe & Create Camp
- AFTERNOON – Environmental Literature
- CAMP CHORES & FREE TIME – Dinner Prep, Splitting Wood, Etc.
- EVENING – Hot Cocoa & Community Check-in

Wednesday (February 11th)

- BREAKFAST @ 7:30am -> Hot Drinks
- MORNING – Environmental Literature
- AFTERNOON – Choices (Knitting, Tracking, Outdoor Skills, etc.)
- EVENING – Readings, Writings and Reflection

Thursday (February 12th)

- MORNING – Cleanup, Final Reflection
- AFTERNOON - Gear Sort Self Assessment and Closure

Post-Journey

Wednesday (February 18th)

- Turn in Journal , Debrief, and create display board

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Family Yurt, Driggs ID

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Gear List and Equipment:

Please make sure that you and your child has double checked and that you have done all you can to get these item ready before departure for the Journey. Exceptions can be made, please contact Ethan at 734-9855 if you have any questions. *Remember that no cotton is allowed....cotton absorbs your sweat and doesn't insulate well=COLD*

- Poles (**Can be borrowed from Journeys School*)
- Snowshoes (**Can be borrowed from Journeys School*)
- Large Backpack**
- Midsize Backpack (ski pack is ideal!)
- Warm Synthetic or Wool Ski Hat
- Sunhat (Baseball etc)
- Sunglasses (very IMPORTANT)
- 4-5 Upper Layers:
 - *Waterproof Shell
 - *Down or Synthetic Fill Pullover or Jacket
 - *Fleece or Insulated Vest (5th layer for those who get cold easy)
 - *Heavy/Mid Fleece or Wool Pullover or Jacket
 - *Light/Mid-weight Long underwear Top
- 3-4 Lower Layers
 - *Ski Pants/Waterproof Pants
 - *Heavy Wool or Fleece Pants
 - *Long underwear Bottoms
- *Insulated Bottoms for the those who get cold easily
- 3 Warm Socks (Two need to work with the ski snowshoe boots, one is for in camp)
- 2 pairs of Ski/Snowboard Gloves/Mittens
- 1 Pair of Gaiters (**Can be borrowed from Journeys School*)
- 2 pairs of foot wear: Snowshoe Boots (Sorels/Old Snowboard boots), a second pair camp boots (down booties, old ski liners work well, **no tennis shoes!**)
- Bowl, Mug, Spoon, etc.
- Headlamp w/new batteries
- Minimal** Toiletries
- Journal/Pencil or Pen
- 1-2 Foam Sleeping Pads
- Down or Synthetic Sleeping Bag (Zero degree or warmer) with Garbage bag and stuff bags (can use schools if needed)– *Students may use a double 15 degree bag set up if they need to.*

****Please let us know what you need. We are committed to make sure every student is properly equipped. And, if you have extras you are willing to loan (e.g. Sorels), we would love to know.***

*****Personal clothing will be put into backpack while traveling into the yurt...so please make sure clothing and personal items (**toiletries**) fit into your pack. The remainder (food, sleeping bags etc) will be pulled behind on sleds.*

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